

PHILIPPINE DAILY INQUIRER
BALANCED NEWS, FEARLESS VIEWS

THE NAME OF THE ROSE A rose is a rose by any other name but on Valentine's Day it's best known as the flower of love especially a red, red rose. Roses from Benguet are well on their way to lovers in Metro Manila.

Military defies SC on 43

'Don't say I won recount due to my ties with GMA'

By Arlyn dela Cruz
Correspondent at large

"DO NOT CAST JUDGMENT."

This is the advice that Lilia Pineda, declared after a recount as the real winner of the 2007 gubernatorial election in Pampanga, offered her rival, the now unseated governor, Fr. Ed Panlilio.

"For me this is a great victory already, a psychological victory. But I wish they would not say that I won in the Comelec re-

DON'T SAY A4



THE ELECTION NEXT TIME Gov. Among Ed Panlilio joins the prayer vigil at the provincial capitol in San Fernando on Thursday night. The Comelec ruling moves Bishop Pablo Virgilio David to wonder: "How can we entrust the election of 2010 to the Comelec if it could not be trusted with its count in 2007?"

AFP fails to present detainees; court says it's a dangerous precedent

By Norman Bordadora

DESPITE A WRIT OF HABEAS CORPUS ISSUED by the Supreme Court, the military and the police yesterday failed to present before the Court of Appeals the 43 health workers arrested on Feb. 6 on suspicion of being members of the communist New People's Army (NPA).

Col. Aurelio Baladad, the representative of the military in the habeas corpus hearing, told the appellate court that there was no time to coordinate security measures for the health workers' transfer from Camp Capinpin in Tanay, Rizal, to Manila.

Associate Justice Hermandio Pizarro said the "essence" of the writ was "immediacy" and that the failure of the respondent military and police officers to comply with the Supreme Court's order might set a dangerous precedent on how habeas corpus orders would be dealt with in the future.

"You are the biggest armed group in the country. That is your job. That is your problem. You have to produce the living bodies," Pizarro told Baladad.

The First Division chaired by acting Court of Appeals Presiding Justice Portia Aliño Hormachuelos is hearing the habeas

MILITARY A4

Among Ed: They are undoing a miracle

By Tonette Orejas
Inquirer Central Luzon

CITY OF SAN FERNANDO—Wearing black to symbolize the "death of truth," supporters of priest-turned-governor Ed Panlilio reacted with anger and indignation to his unseating by the Commission on Elections which declared Lilia Pineda the winner of the 2007 gubernatorial election.

Some 700 supporters of Panlilio gathered at the grounds of the provincial capitol for a prayer vigil that started a few hours after the Comelec's 2nd Division announced its decision on Thursday.

Priests, nuns, theologians and pastors wore black shirts. Others covered their mouths with a strip of black cloth.

"How can we entrust the election of 2010 to [the Comelec] if it could not be trusted with its count in 2007?" said Bishop Pablo Virgilio David.

He said the election commissioners will have quite a lot of explaining to do before people can believe that "the wife of Bong Pineda, a veteran in jueteng politics, was a victim of

AMONG ED A4



DIDN'T HAPPEN No matter the sign put up by militant organizations in front of the Court of Appeals in Manila, the "Morong 43" were not released. They were not even produced by their military custodians at the 2nd Infantry Division of the Philippine Army in Camp Capinpin in Tanay, Rizal.

Celebs get reprieve; pols chided

By Kristine L. Alave, TJ Burgonio and Christine O. Avendaño

CELEBRITIES WHO HAVE ENdorsed politicians can still appear in their television and radio shows as long as they do not voice support for their bets, pending the Commission on Elections' clarification on the law mandating that they take a leave of absence during the campaign period, a poll official said yesterday.

Sen. Francis Pangilinan yesterday said he and his megastar wife, Sharon Cuneta, were concerned about the Comelec's prohibition of celebrity endorsements of candidates running in the May polls.

The couple have come out to support Liberal Party standard-

CELEBS A19

Massacre suspect shot dead in Davao mall

By Dennis Jay Santos
in Davao City
and Marlon Ramos
in Manila

DAVAO CITY—A SUSPECT IN the Nov. 23 killing of 57 people in Maguindanao was shot dead in a mall on Thursday night by two police officers serving as bodyguards of Buluan Vice Mayor Esmael Mangudadatu.

The circumstances remained unclear, with at least three versions of the shooting of Tomasu Kamendan, 41, a purported "wanted man" of the powerful Ampatuan clan suspected of masterminding the massacre.

What is certain is that Mangudadatu, whose wife, two sis-

MASSACRE A11

Cory 'most beloved' RP leader, says survey

CORY AQUINO HAS EMERGED as the "most beloved" leader or politician the Philippines has had, a survey on voter preferences shows.

More than half (52 percent) of registered Filipino voters profess love for a leader and on top of their list is the late former President, according to the latest survey by Pulse Asia.

However, the same survey found that although love for a leader may influence one's voting preferences, it does not necessarily translate into a sure electoral following.

The poll agency's January 2010 preelection survey asked its respondents: "Among the leaders or politicians in our

CORY A11



BEST WISHES FOR GOOD KARMA President Arroyo greets Maj. Gen. Natalio C. Ecarma Jr., who dropped by the Palace on his way to assume the post of Commander of the United Nations Disengagement Observer Force in the Golan Heights that serves as a buffer between the warring military forces of Israel and Syria. [illegible]

Chinese New Year: Put tiger in your heart for excitement

By George Siton
Contributor

(Editor's Note: George Siton is the founder of the Temple of Prayer, Peace and Prosperity and the author of the best-selling books "A Miracle Awaits You" and "Feng Shui of the Mind ... I am a Winner.")

THE YEAR OF THE METAL TIGER begins on Sunday at 10:51 a.m.

It is a year when everybody gets a chance to increase and multiply the good in their lives. Each particular sign, whether eastern (Dragon to Rabbit) or western (Aries to Pisces), is called upon to focus on a certain idea corresponding to their respective signs.

In the East, the tiger symbolizes power, passion, courage, daring and good fortune. It is also said to be enchanting and engaging. Add metal to all these qualities and instincts become more acute and actions, sharp.

All these point to a year of

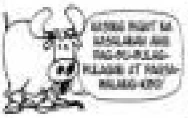
CHINESE A6

Pinoys want mates to love them more

WOULD YOU CHOOSE FOR A lifetime partner a person who loves you but whom you love more, or a person you love but who loves you more?

For 7 out of 10 adult Filipinos (71 percent), the answer is a lifetime partner who loves them more, according to the latest Social Weather Stations (SWS) survey.

PINOYS A6



Breaking up is hard to do? Pay a pro

BERLIN—WANT TO BREAK UP with your lover but haven't got the guts? Enter Bernd Dressler, head of the "Separation Agency" in Germany, who will calmly and efficiently do the dirty work for you, for a fee.

"I knock on the door, I introduce myself and I say that my client no longer wishes to continue the affair," Dressler ex-

BREAKING UP A6

WEATHER FORECAST

Second FrontPage

MEGALOTTO 6/45

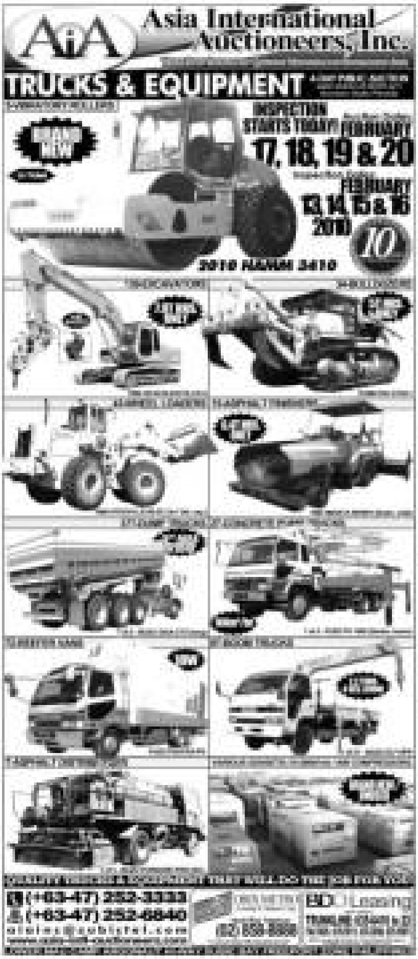
2 9 19 24 34 45

Cop tagged in massacre coverup

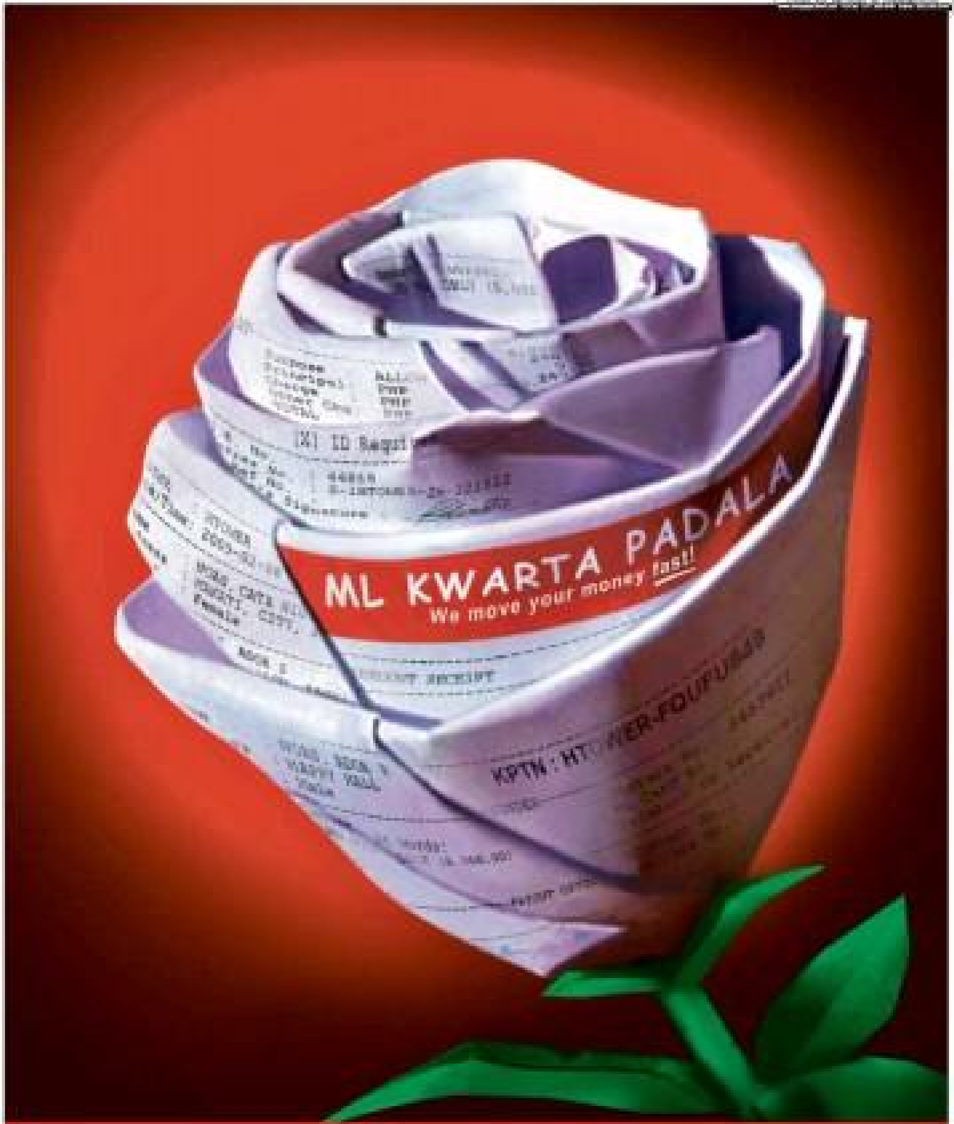
A SENIOR POLICE COMMANDER IN MAGUINdanao tried to cover up the abduction and slaying of 57 people in the province last Nov. 23, a top military official told the court yesterday.

Migz: Gibo still my top priority

GMA to sign seniors' EVAT exemption







Wala ka man sa piling nila, masaya pa rin ang Valentine's Day ng mga mahal mo.

ML KWARTA PADALA®

gayong alentine's at ano ang araw na kailangan ong agpadala ng kwarta, mag- L Kwarta Padala na. ay 1,200 branches nationwide. In key cities, bukas kami 24 hours.

ay agandang angyayari.

M LHUILLIER

asasandalan. adaling Lapitan.

Among Ed: They are undoing a miracle

'Very sad, very hurt'

Surprised

A crusade

Bigger protest on Feb. 17

Business as usual

'Will of the people'

No cheating on both sides, says poll official

THE DAILY GOSPEL

'Don't say I won recount due to my ties with GMA'



LILIA PINEDA

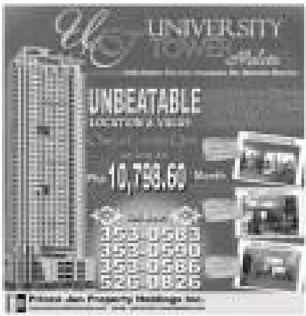
'Nanay Baby'

LP condemnation

One more term

No bearing on GMA

No Palace interference



War vets have until Feb. 16 to file claims for US benefits

Enrile denies part in junking of Nene's daughter

15 immigration officers relieved

Military defies Supreme Court on 43 detainees

Charges filed

No contempt citation

Character assassination



'Barbaric' acts

Officers violated law

'Help, not harass'

Evidence

Western Eastern Chart

Chinese New Year ...

Outlook for 2010

Kung Hei Fat Choi

Pinoys want mates to love them more

Breaking up is hard to do? Pay a pro

Service deluxe

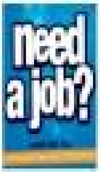
Opposite of dating agency

Firmly or tenderly?

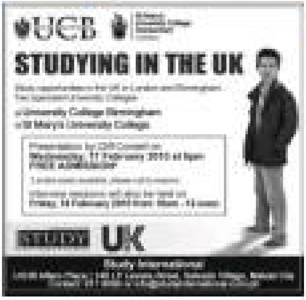
Throw-away society

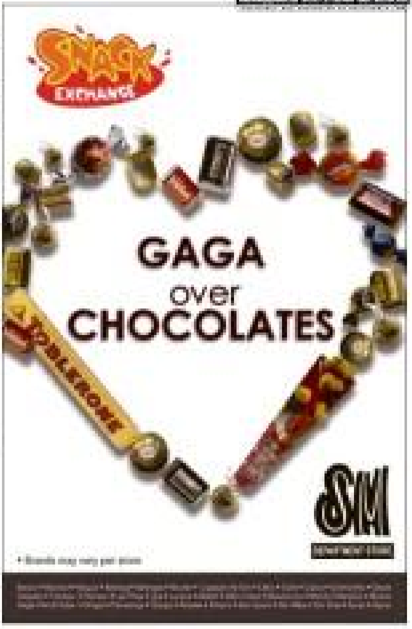
Lacson last seen headed for Macau

By Tina G. Santos









Probe misuse of $85-M AIDS grant—Binay







Across the NATION

LP points to Iloilo land case as 'pattern' of Villar's wealth

STA. BARBARA, ILOILO—Top Liberal Party leaders yesterday presented what they said was a case of illegal land conversion in this province that serves as a pattern of how Sen. Manuel Villar, their rival in the presidential race, enriched himself.



THE SAVANNAH Communities, a middle-class subdivision in Iloilo City owned by a company of presidential candidate Manuel Villar, is now in the middle of what Villar's rivals say was a pattern of land conversions that helped enrich Villar.

'This is a crime'

Non-transferable

'Documents do not lie'

Pattern

Farmers' representatives

Son of Baby A disqualified as Iloilo bet for Congress

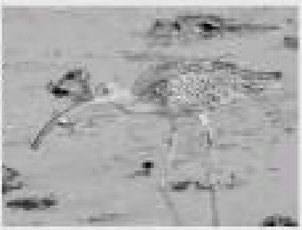
'Best option'

False information

Makati resident

Another Liberal Party volunteer shot dead; 6 slain so far

'New' migratory bird species visit Cabusao



WHIMBRELS were first seen in the Cabusao wetlands in Cabusao, Camarines Sur.

Food bounty

Waterbirds protection

Lanao Norte vice mayor cries foul on his suspension

Marina chief told to quit after another mishap



PLAZA





Samal cave hosts record bat colony

By Jeffrey Tupas
Inquirer Mindanao

Urgency

New record

Lake folk hold own caravan for bets

Ibaloi family cries foul over land claim mess



FLOATING STORE

200 bets to sign peace pact in Negros Oriental

INQUIRER Visayas

Bohol politics: Allies now bitter rivals

By Chito A. Fuentes
Tagbilaran City

A POLITICAL REALIGNMENT is shaping up in Bohol as two erstwhile allies go after each other's scalp in the gubernatorial race in May.

Alliance

Aumentado



CHATTO



HERRERA and Tomas Abapo take their oath as Nacionalista Party candidates.



Philippine Daily Inquirer

OPINION

Sorry spectacle

EDITORIAL

ONE OF THE COUNTRY'S FOREMOST AUTHORITIES on Constitutional Law, Fr. Joaquin Bernas, S.J., earlier warned about the sorry "spectacle" that would develop if the Supreme Court justices were to disagree publicly over the question of whether or not President Macapagal-Arroyo has the power to appoint the replacement for Chief Justice Reynato Puno after he retires on May 17 this year. But the division in the Court has in fact become public, with two senior justices—Antonio Carpio and Conchita Carpio Morales—saying they welcomed a nomination by the Judicial and Bar Council but would only accept an appointment by Ms Arroyo's successor, and a third one—Renato Corona—accepting the nomination without conditions. Now the spectacle has turned out to be worse than Bernas might have imagined, with one candidate virtually accusing his principal rival of orchestrating a campaign to destroy his reputation in order to gain "control of the judiciary."

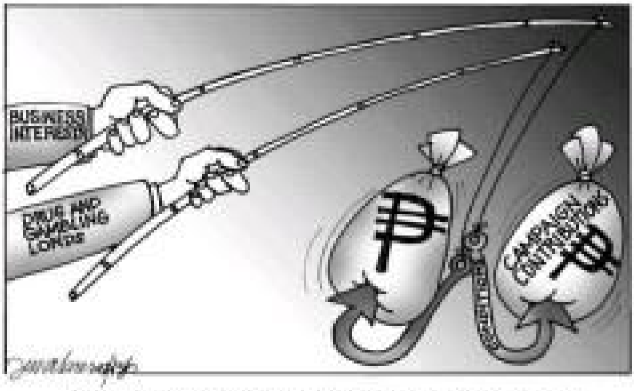
Last Monday, Corona wrote the JBC to defend himself against allegations made by lawyer Fernando Campos that he had accepted favors in exchange for a favorable ruling in a case involving on-line cockfight betting. Campos earlier asked the JBC to find out how Corona was able to "leave hurriedly" for Las Vegas and watch the fight between Manny Pacquiao and Ricky Hatton in May last year after dismissing the case Campos filed against Pagcor and PhilWeb Corp. Corona dismissed Campos' accusation as a "vicious lie," saying he had used his personal funds for the trip. He did not stop there, however, and went on the offensive, denouncing "some people" for having "no qualms about destroying the reputation of those they perceive to be stumbling blocks to their ambition." He asked: "Who breached the rule of confidentiality and colluded with Campos in filing this complaint against me? Was Campos' 'reliable source' a member of the First Division?"

The chief of the First Division was Corona's chief rival, Carpio, and he was not about to let insinuations about improper conduct go unchallenged either. Carpio immediately wrote the Chief Justice to deny that he was behind Campos' complaint, saying he had never discussed the matter with the losing lawyer. Carpio also called for a thorough investigation of Corona's allegations about a breach of confidentiality as well as collusion to bring a justice down. "I believe that any justice committing such misconduct should voluntarily resign from the Court out of delicadeza," he said.

What about justices who make a spectacle of themselves by fighting in public? Bitter personal rivalries fought in the open can hardly restore the people's faith in a Court that has produced some rather strange decisions, such as those on executive privilege and the creation of tiny cities that do not deserve the name. Such displays of personal acrimonies cannot help assure the people that the justices of the high court can decide cases—possibly including the issue of constitutionality of Ms Arroyo's appointment of a new chief justice—purely on the basis of law rather than friendship and loyalty to anyone.

All this, of course, would not have happened if only Ms Arroyo had not signified her intention to exercise a prerogative that she may not have at all. The Constitution clearly forbids the President from making appointments 60 days before the presidential election and up to the end of her term. Another constitutional provision says the President should fill any vacancy in the Supreme Court within 90 days. Ms Arroyo will step down from her office on June 30, leaving the next president with still 44 days to name a new chief justice. She cannot claim she has the obligation to issue the appointment for fear that she might run afoul of the law. The real burden of meeting the constitutional deadline falls on her successor.

By May 17, when Puno retires, Ms Arroyo will have about six weeks left in her term of office. It is a period of transition, a time for preparing for a smooth transfer of power to the newly elected president. In the waning days of her presidency, it would be the height of irresponsibility for Ms Arroyo to deepen the division and create confusion in the Supreme Court.



Fair elections and the ethics of modernity

PUBLIC LIVES

Randy David

A book for Lent

GET REAL

Solita Collas-Monsod

Auditing the machine count



SOCIAL CLIMATE

Mahar Mangahas

Exchanging candles

YOUNG BLOOD

Mike Atutubo

Remembering not to forget

COMMENTARY

Neni Sta. Romana Cruz

A strong first semester



BUSINESS MATTERS

Dr. Bernardo M. Villegas

Businesses are well advised to take full advantage of the relatively strong growth of the first semester

NOTICE TO YOUNGBLOOD CONTRIBUTORS:

The INQUIRER is a member of the PHILIPPINE PRESS INSTITUTE

FOI law will help promote transparency

Politicians in fun games at carnivals, why not?

'Bribe' cases against Disini already junked abroad

Final ruling on new cities stands on solid grounds



Local chiefs mediating water project dispute



Massacre suspect shot dead in Davao mall





Charges filed

Unarmed

'Ride'

No impact

Cory 'most beloved' RP leader but does not ensure votes for Noynoy



15 leaders cited

Marcos comes in 2nd

Fickle love

Love for Ninoy's son

Love isn't enough

Solid bloc

Celebs get reprieve until final Comelec ruling; pols chided

Rebuke

Issues, not personalities

Hurting celebrities

Provision too strict

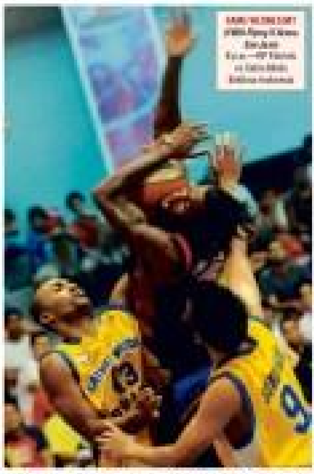
Wanted: Thinking endorsers



Cavs tie franchise-record 13 straight wins

Freeman keys Patriots' romp

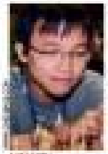
RP side seizes 1-0 Finals edge



MTB riders eye RP team berths in 3 foreign races



TOLENTINO



NGUYEN

Viet sends Wesley crashing to first loss

Gallardo, Legaspi top Jungolf tilt



'Go For Gold' bets on bigger things for national athletes





TRAINING UP FOR GOLF

Reyes heads crack PBL rookie haul

Ababa triumphs; Korean teener's pa tears up card



Donaire dares to cut corners to the stars

BARE EYE

Recah Trinidad

SPORTSWATCH

Uy's Firefly entries first back-to-back champions

Fastest Win event stakes P1.1 million at PCC

Tinga Cup Inv't team boxing meet Feb. 19-21

Alaska seizes 2-0 …



NBA ALL STAR-TOSHIBA ROAD SHOW

Armed Forces Flexing Their Muscles





SPORTS



Alaska seizes 2-0 semis lead

P'foods levels series with SMBeer



A plus Metro

Private tow trucks on Edsa illegal–MMDA

Operators not authorized to haul stalled vehicles, collect fines

By Nina Calleja

THE METROPOLITAN MANILA DEVELOPMENT Authority (MMDA) is investigating a number of private tow truck companies operating along Epifanio delos Santos Avenue (Edsa) and other major thoroughfares in the Metro because they are not authorized to do so.

Illegal

Manila police ensure safe Chinese New Year for revelers

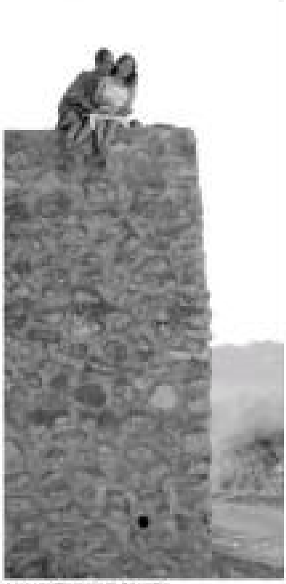
By Tina G. Santos

Bystanders foil kidnap attempt on girl in Quezon City

By Nancy C. Carvajal

Foiled

Police presence



A VALENTINE KIND OF HIGH

Lacson 'Wanted' posters not illegal

On Target

Ramon Tulfo

New headquarters for Valenzuela police department

Sleeping quarters, too

MetroBriefs

Parañaque ready for long, hot summer

Beta Sigma medical mission on V-Day



MISS MANDALUYONG 2010 WINNERS

Iran marks revolution with crackdown on protests



US-led troops launch biggest Afghan offensive





FRISBEE INVENTOR FRED MORRISON; 90

Jury acquits US nurse who told on doctor

Yemen agrees to a truce with Houthi rebel forces

The WORLD



Big-living Clinton in good spirits after heart surgery

OBAMA-DALAI MEET

China warns of further damage to ties with US

BEIJING—CHINA ON FRIDAY urged the United States to call off a meeting between President Barack Obama and exiled Tibetan spiritual leader the Dalai Lama to prevent further damage to already strained ties.



OBAMA (left) and the Dalai Lama. AP

Sources of tension between China and US

Currency and debt

Trade and investment

Diplomatic and military influence

Internet freedoms

Priests say Dublin church the home of Saint Valentine



After 1 month of chaos, Haitians help themselves rise from crisis

IN THIS ISSUE

- **BPO firm eyes 1,500-seat expansion within 60 days** B2
- **Bills threaten to slash gov't revenue by P2.27B** B3

BUSINESS

- **Customs' non-cash earnings fell in '09** B3
- **Energy sector moves to avert outages in Luzon** B6

First Pac unit gets chance to bag SCTEx

BCDA gives firm Feb. 18 deadline to improve bid

By Abigail L. Ho

THE BASES CONVERSION DEvelopment Authority is giving Manila North Tollways Corp. until Feb. 18 to improve its bid for the operation and management of the Subic-Clark-Tarlac Expressway, making it the only entity still in the running to bag the deal.

In a statement issued yesterday the state agency said its board on Feb. 10 gave MNTC, a unit of the Metro Pacific group, until next Thursday to file a protest on the BCDA's denial of the company's request for reconsideration of an earlier decision declaring MNTC's financial proposal as noncomplying with the bidding requirements.

MNTC submitted its request for reconsideration on Feb. 1.

The BCDA board, in the same meeting, junked the protest that Northlink Toll Management Inc. had filed in relation to its being declared ineligible to proceed with the bidding for the SCTEx contract.

Northlink, a joint venture between San Miguel Corp. and Star Tollways Corp., submitted its letter of protest on Jan. 29.

During the Jan. 25 opening of bids, BCDA declared Northlink ineligible to proceed due to noncompliance with some technical requirements stated in the terms of reference for the bidding.

As a result, Northlink's financial bid was no longer opened.

MNTC, on the other hand, passed BCDA's scrutiny on the technical side, but also failed to make the cut on the financial aspect "since it fell short of BCDA's minimum requirements as set forth in the [terms of reference]."

Despite the results of the bid opening, the BCDA did not declare a bidding fail

FIRST B2

Manila Water readies program against El Niño

By Riza T. Olchondra

MANILA WATER CO. INC. IS IMPLEMENTing a mitigation program for El Niño, a weather pattern seen to reduce the amount of rainfall and affect water levels at the Angat, Ipo and La Mesa dams.

In a statement, Manila Water said the mitigation program would optimize water supply being distributed daily to its customers in the East Zone area.

The mitigation plan includes constant monitoring of the distribution network and aggressively repairing of leaks, including those reported by customers, according to Manila Water corporate communications head Jeric T. Sevilla.

Sevilla said part of the company's plan included laying more pipelines and upgrading valves in order to enhance the distribution system and bring down the level of water losses.

Manila Water is also conducting water supply and pressure management to raise efficiency and balance the system. The company is constantly checking and monitoring water meters to detect improper meter registration and tampering and replace them with authorized meters.

"We are urging the public to report all leaks, unauthorized use of fire hydrants and illegal connections to our Call Center Hotline 1627. Let us make the responsible use of water a top priority in our homes

MANILA B2

Indicators

Currencies



PESO-DOLLAR RATE

Stock Market

PSE COMPOSITE INDEX



Stocks mirror US rebound

THE LOCAL STOCK MARKET rose sharply yesterday, tracking gains made overnight by the US counterpart after the European Union stepped in to stabilize fiscally troubled Greece.

The Philippine Stock Exchange index rose 40.77 or 1.4 percent to 2,898.89 by the end of trading.

Trading was relatively heavy with 1.7 billion shares worth P3.2 billion changing hands by the end of the session.

"There is a lot of relief in the market after last night's announcement by the EU," a trader from a local brokerage firm said. "Of course, we're taking on the performance of the US."

Advancers swamped decliners, 84 to 23, with 52 shares unmoved.

STOCKS B2

BPO firm eyes 1,500-seat expansion within 60 days

Ayala affiliate plans 2 new sites

Stocks seen staying weak in 3-6 months

Moody's cuts ratings on RP banks' bonds

Disclosures

First Pac unit ...

Manila Water ...

Stocks mirror ...

Bills threaten to slash gov't revenue by ₱2.27B

Finance officials recommend veto of measure abolishing premium tax

Consumers get right to choose power suppliers

Nenaco posts ₱380-M profit, eyes exit from rehab

Customs' non-cash earnings fell in '09



WORTH ITS WEIGHT IN GOLD



MORALES

Pasig court extends status quo at SLEx

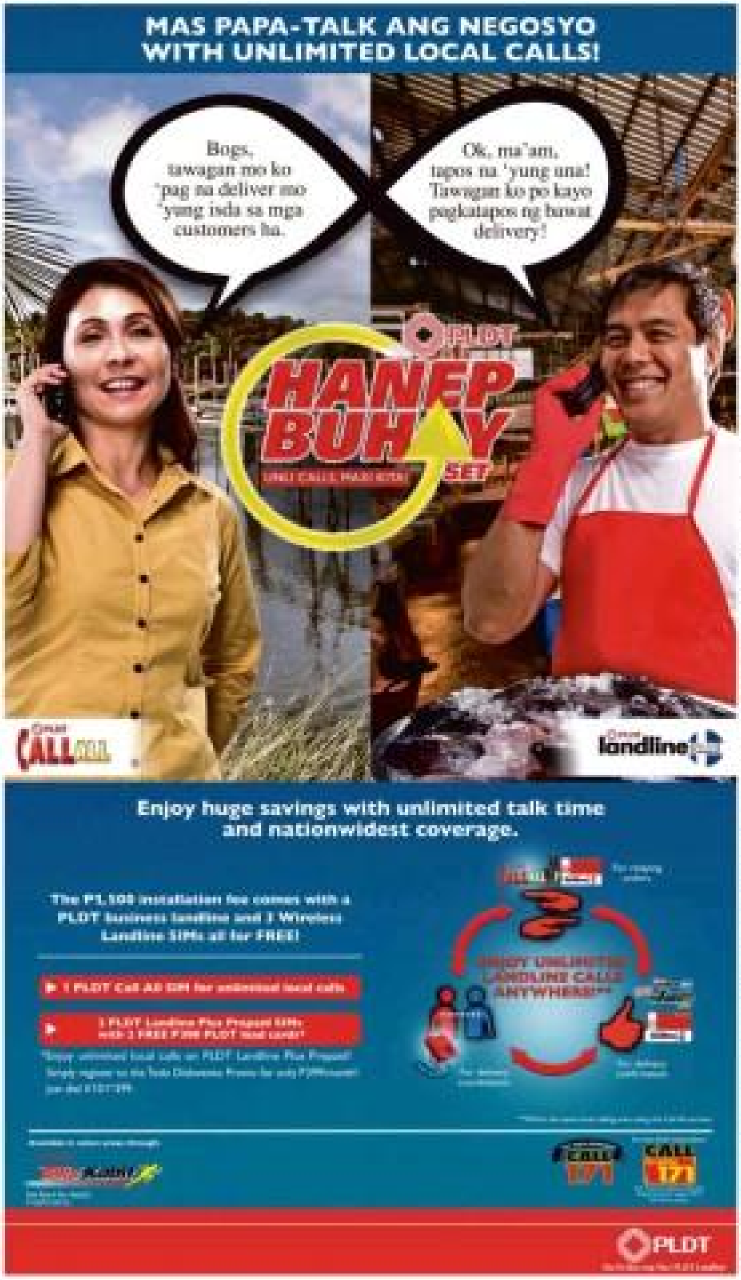
BUSINESS

Energy sector moves to avert outages in Luzon

2 critical power facilities to go online next week, says DOE

BSP expects inflation to rise in Q2

PSALM gets closer to selling Ilijan contract



PROPERTY

Editor Cesar D. Mangawang

Overseas Pinoys loom larger in developers' radar

By Tessa R. Salazar

DEVELOPERS, PARTICULARLY those who have established strong international sales teams and connections abroad, are hearing "ka-ching, ka-ching!" in their minds, especially when 2010 plans involve the overseas Filipino market. Simply put, this year developers are bracing for a surge in demand from overseas.

Francis Bonus, general manager for Ayala Land International Sales, recently revealed this result to Inquirer Property.

Overseas purchases make up about a quarter of total Ayala Land sales. Alveo Land, another Ayala Land company, estimates that almost a fifth of its sales, or 19 percent, come from the overseas Filipino market, according to Noreen Asuit, vice president for project management of Alveo Land.

"As the world economy recovers from the financial crisis, we foresee increased sales coming from overseas Filipinos both as a result of rising incomes as well as improving confidence and sentiment," Bonus said.

Vista Land & Lifescapes Inc. also believes overseas sales will continue to be strong this year, explaining that most Filipinos working abroad receive competitive salaries.

Benjamarie Therese N. Serrano, director, president and chief operating officer of Vista Land & Lifescapes, said many Filipinos working overseas are professionals with steadily increasing income levels. Seafarers, in particular, are in high demand with high salary rates.

More than 60 percent of Vista Land's total revenues come from OFW purchases. This is consistent with Camella being a well-known and trusted brand among OFWs, according to Serrano.

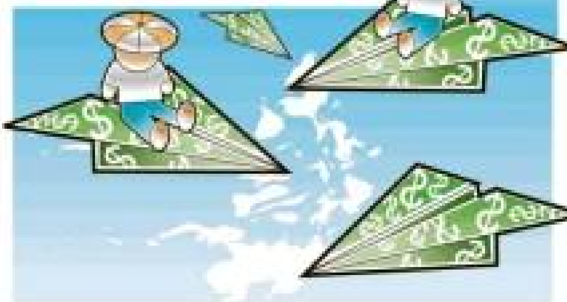
Stronghold

Ayala Land has traditionally had a strong presence in North America, where the bulk of its international sales has originated in the past five years. Bonus added that this key market, though, had not been spared by the financial crisis in the past two years, and the numbers have been considerably lower than the years prior to the crisis.

"The bright side is that we purposely developed other markets that before 2007 were not priority areas for us. These were the Middle East and Europe markets where our sales base had been low and where we did not see any significant declines in relative incomes of overseas Filipinos."

Serrano said Vista Land has been "extremely familiar with the OFW market, having been the first to seriously market our products to them."

Vista Land has a broad range of products that cater to a wide range of budgets. "Our brands and track record, especially the Camella brand, are well-known and trusted by the OFW market."



"Over the years, we have built a strong marketing network both here and overseas. These relationships proved to be crucial in bringing in sales during difficult periods," she said.

"ALI's advantage over many other developers is that it has built a name that clients can trust and a reputation for delivering products of high quality that retain if not increase in value over time," Bonus said.

According to Bonus, the biggest obstacle to the OFW market is in getting clients to commit to pay a significant amount of money based on the promise to deliver made by a company halfway across the world. The client would almost always want to see the product first before paying up. Those that are able to resolve this matter of trust, he said, eventually become clients, many of whom will purchase multiple products over their overseas work assignments.

And amid tried and tested developers, there are still fly-by-night firms that prey on hapless overseas Filipinos, an obstacle that Serrano admitted is hard for the local property sector to handle.

Serrano said that developing properties outside of Mega Manila, and thus closer to many overseas Filipino home provinces, could be advantageous. "Armed with the insight that many OFWs prefer to own property in their hometown provinces, the company has acquired previously identified properties outside of Mega Manila. As such, even far-flung areas where overseas Filipinos claim to have their roots have become areas of opportunity," she said.

Editor: Cesar D. Mangawang

SCIENCE/HEALTH

E-mail: pi_science_health@inquirer.com.ph

Simple, low-tech steps still key to healthy heart



FOUNDATION for Lay Education on Heart Diseases chair Jose Concepcion (right) cited Prieto for providing top insights during the three-day convention.

Text and photos by Charles E. Buban

IF YOU BELIEVE GETting angioplasty—using a tiny balloon that inflates to push open an obstructed coronary artery—or using stents—wire mesh tubes surgically implanted into a blocked artery to prop it open—could ward off a future heart attack, think again.



PRIETO: Against the odds, one needs to change his/her life to stay away from heart attack.

No better

Modifiable risk factors

Appropriate action

On hypertension, 'presidentiables' and modicum of decency



MEDICAL FILES

Rafael Castillo

Opinion leaders

The big winner

Status update on a dengue virus vaccine





DISCOVER

Don'ts of animal model

Mixed results

Are we ready for smart grid?

GREEN ARCHITRENDS

Amado de Jesus



What is smart grid?

How smart grid works

Energy monitoring



For comments or inquiries, e-mail amadodejesus@gmail.com



All the comforts of home

Warmth of home, hearth

It's personal

Leveling up



WOODVILLE

SHOWROOM LAUNCH

Vista Residences' Trevi exemplifies urban chic







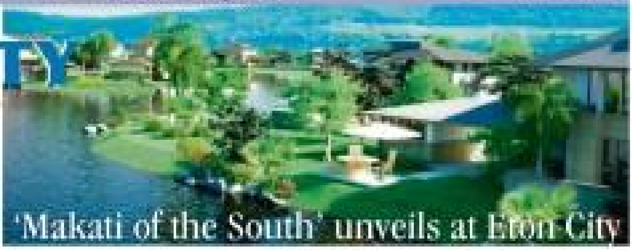
Beautifully designed

'Makati of the South' unveils . . .

From page B2-1

3 residential enclaves

PROPERTY



'Makati of the South' unveils at Eton City











2bU LIFESTYLE

Tribal princess

Lead the fashion pack in modern ethnic prints done in vivid and spunky colors

By Rai Cruz

STORY ON PAGE C3

Inside

D.I.Y.

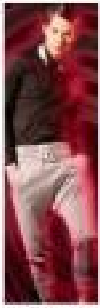
How guys show their V-day love

Valentine's Day looks

Love 101

Valentine gifts with a twist

It's atypical, it's an attitude





Tribal princess



Intensified hues keep indigenous patterns up-to-date

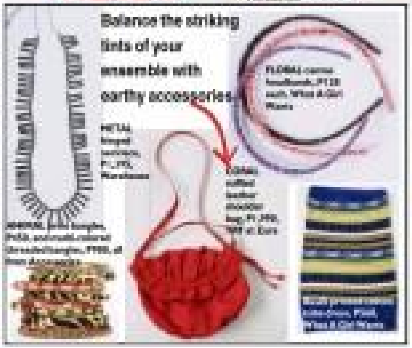




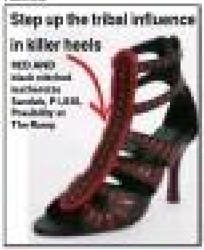
Get tied up in this trend with a bold and feisty scarf



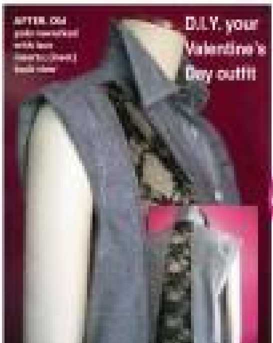
Balance the striking tints of your ensemble with earthy accessories



Step up the tribal influence in killer heels



Sheer delight



By Christine Aquino
Contributor

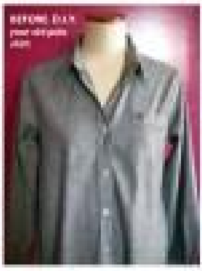
ARE YOU LOOKING FOR THE perfect outfit for tomorrow? Wearing anything sheer is your best bet. It is just the right exposure and cover-up. Sheer clothes are one of the biggest trends for Spring/Summer 2010.

Designers used mostly sheer fabrics such as lace and chiffon for their collections. To achieve fine balance of edginess and class, sexiness and good taste, they use sheer in different parts of a garment—on sleeves and yoke, and bodice. Others have taken a dramatic leap in making the entire collection see-through.

For V-day-ready clothes, I added sheer fabric—lace, on the back part of my classic polo, and a narrow stripe detail in front. Sheer fabrics always look sexy on the shoulders, chest and back for practically any body type.

How to:

1. Choose an old polo or T-shirt and decide where you want to do your sheer cut-out. Tip: This technique is also the best way to update your little black dress.
2. Using a tailor's chalk, draw lines on your polo on where you want to insert your sheer fabric. From the drawn chalk line, leave around 1-1.5 cm allowance, which is where you cut the fabric.
3. After cutting, use the cut material from the polo shirt to serve as a pattern for your sheer fabric. Mark the pattern with chalk lines. Make sure to leave 1-1.5 cm allowance on the drawn line, then cut the fabric.
4. Pin your sheer fabric under your polo and make the two pieces of fabric meet and stitch in place.
5. Fold the fabric over to the wrong side and use a bias tape to seal the edges.
6. Cut the long sleeves to make your polo look dressy. Add ready made shoulder pads, and you instantly have sexy yet chic polo shirt!



Want to write for 2bU? Send your clippings and sample works at 2bUlifestyle.inquirer@gmail.com

SPOTTED

'No white socks with black shoes'

Youngsters talk about fashion inspirations and no-no's

Text and photos by Mikaela Barlongo, Contributor




bench/
CelebrityScentsCollection
Wil
COLOGNE

Valentine's Day looks



The age of innocence

You can still look fuss-free but fashionable on V-Day despite frazzled nerves



Femme fatale



MAC false eyelashes



REVLON Riviera Blue eyeshadow



MAX FACTOR Miracle Touch blush



COVERGIRL Lash Blast Length mascara



Sweet and sassy

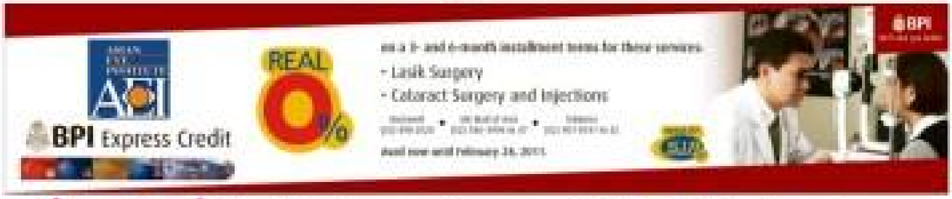


COVERGIRL Outlast Lipsticks



LACOSTE Love of Pink

2bU LifeStyle



A girl finds her place at UP Mindanao



SARAH comes home to [illegible]

Born in Saudi Arabia, Sarah Bagis says why she's back in her parents' homeland

By [illegible]
University of the Philippines Mindanao
[illegible]
Photos by [illegible]

SARAH BAGIS IS MORE than just a pretty face you see around UP down south.

[illegible]

Style and substance

[illegible]



Your new gaming buddy



Through Sony Ericsson Aino, you can communicate with your PS3 using its Wi-Fi or 3G connections

Here are the phone's basic features:

A girl finds her place at UP



Cool School News:

Calling all Bedans

Paramore to rock Manila



CATCH Paramore live on March 9, and check out Hayley Williams' ever-changing hair.

The band that's best identified with the 'Twilight' phenomenon is going from strength to strength

PARAMORE IS AN AMERICAN ROCK band that was formed in Franklin, Tennessee in 2004. Members are Hayley Williams (lead vocals/keyboards), Josh Farro (lead guitar/backing vocals), Jeremy Davis (bass guitar), Zac Farro (drums) and Taylor York (rhythm guitar).

The band's 2007 album, "RIOT!," has sold over two million copies worldwide. The group was nominated for a Grammy award in 2008 for Best New Artist, and even its live CD/DVD, "The Final Riot!," has gone gold. But while these statistics are impressive, record sales have never been the driving force behind Paramore—and that fact has never been as evident as it is on the group's highly anticipated third full-length "Brand New Eyes." In fact, as excited as this group of young adults from Franklin, Tennessee are to have had the opportunity to tour with their heroes like Jimmy Eat World and No Doubt over the past few years, they seem even more ecstatic to share brand new eyes with the world.

Anyone who has seen the band on the road already knows Paramore delivers an incendiary live show. But with "Brand New Eyes," the group has proven they're also able to juxtapose all of their (wide-ranging) influences into a seamless collection of songs that embrace the future without abandoning the band's past. Considering the fact that "RIOT!" went gold in Ireland, Canada, New Zealand and the UK, and the band cracked the top five on the radio charts in the UK, Australia, Mexico, Brazil, France, Germany and Southeast Asia, this global success story had a lot to live up to with the new album. Co-produced by the band and Rob Cavallo (Green Day, My Chemical Romance), who Paramore also worked with on the track "Decode" from the double-platinum soundtrack for the movie "Twilight," "Brand New Eyes" is also the first disc to officially feature new guitarist York. York has been a writing partner and frequent touring member since the band's inception back in 2004. While Josh Farro and Williams once again made up the main songwriting team on brand new eyes, Williams is also quick to stress that this album is the most collaborative creation of the band's career, a fact that is evident in the disc's sonic diversity. In fact "Brand" is a case study in the band's versatility and contains as many driving, fist-pumping anthems like "Ignorance," as it does sphere pop masterpieces like "Where The Lines Overlap," and lilting, acoustic ballads such as "Misguided Ghosts."

New single

Paramore's second single from the new album is "Brick by Boring Brick," a nearly five-minute-long track that makes fashion-forward singer Williams revisit her desire for paradise lost to in a song with an instant appeal to the ears.

"Brick by Boring Brick" is an eternal, of fairy-tale metaphor and serves as the album's philosophical centerpiece. It lays out the singer's world view of an epic love. Paramore puts a voice to people's lips, giving them lyrics to guide on to (a) defense of friends/enemies who think the world revolves around them. It's a song about speaking down walls and finding out that life sometimes is what really matters, and that life does not have to be some grand production.

In MTV.com, Paramore reveal secrets of the "Brick By Boring Brick" video: "We're all like characters in a fairy-tale land," says Davis. According to them, the video for this song will be the first without any performance by the band, and a whole fairy-tale like feel will be expected for the video scheduled to premiere this month.

Manila concert

Paramore will finally perform in Manila, on March 9, 8:30 p.m. at the SM Mall of Asia concert grounds, Pasay City.

Music Management International (MMI) said the Manila concert is part of the band's extensive Australian and Asian Tour, which will kick off this month.

The band recently scooped two awards, for Best Music Rock Group and Best Music Rock Track, at the Teen Choice Awards. Meanwhile, "Decode" has been nominated as Best Song Written for a Motion Picture at the Grammies.

Tickets are available at all Ticketworld outlets. For inquiries, call 891-9999, 637-7450, 369-6909, 631-3962 and 09178336222.



恭禧發財
Welcome good fortune
and happiness this
Lunar New Year
Start the year with a positive outlook to invite
good tidings and luck in the Year of the Tiger.
MALL OF ASIA

Super LifeStyle
style . urban living . pop culture . entertainment . recreation
Editor Thelma Sioson San Juan
Supervising Editor Pam Pastor

Super EXCLUSIVE!

From 'Sesame Street' to 'Glee'



JENNA USHKOWITZ as Tina Cohen-Chang

Super asks Jenna Ushkowitz, Glee's Tina Cohen-Chang, about life on the set, Lea Salonga and why she's hooked on Twitter

By Pam Pastor

WHEN JENNA USHKOWITZ first auditioned for "Glee," she thought she didn't make it. "I messed up and I thought, 'Wow, I did not get that.' But "Glee" creator Ryan Murphy and executive producer Brad Falchuk flew to New York after seeing Jenna's first audition. "After meeting them, luckily they asked me to come to LA to test for Tina. I flew out to LA in the morning. I sang and read lines again like I had done for Ryan but for about 25 more people."

As luck [illegible], she found out she got the part.

Born in Seoul, Korea, and raised in Long Island, New York, Jenna is not new to performing. She has been in show business since she was 3. "I was doing commercials and print jobs."

She appeared on Sesame Street, started performing on Broadway when she was 9 and recently finished her run on Spring Awakening.

But it was "Glee" that catapulted Jenna to fame.

Jenna plays Tina Cohen-Chang, a glee club member who is shy and insecure but passionate about music. Jenna says she's very different from the character she plays whose sense of style can only be described as goth. "I am much more bubbly and smiley," says Jenna.

Super got the chance to ask Jenna some questions via e-mail. We talked about her life on the set, Lea Salonga and why she's hooked on Twitter.

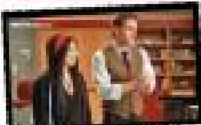
When did you discover your love of singing and acting?

I've loved music for as long as I can remember. I always did summer theatre, but I think I really got to understand what the lifestyle was like when I did "The King and I" on Broadway at the age of 9. It was a big responsibility for a 9-year-old, but I couldn't wait to get to the theater to perform for a live audience and see my new family everyday. It was then that I decided I wanted to pursue it.

What was your training?

I have taken voice, dance and acting since I was very little. I really started really

PAGE E2

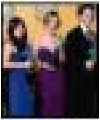


From Sesame Street to Glee











Get a dose of 'Glee' love!



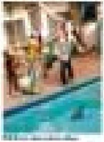


Brightest young things



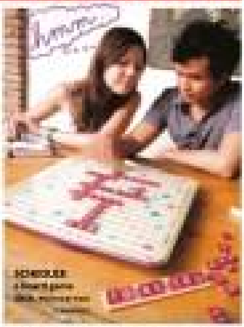


Love comes cheap



Love comes cheap





Not everyone can afford pricey concert tickets, flowers and chocolate. Win over some hearts with these fun cheapskate ideas

By Jonathan Lansang and Bianca Consunji

AH, VALENTINE'S DAY, that special day when we celebrate the martyrdom of a saint by spending some quality time—and more often than not, a significant sum of money—with our significant others. Whether it's because there's some deep hidden meaning for this, or it's some dark conspiracy by a secret cabal of greeting card companies, we may never know.

What we do know is that times are hard, but for whatever reason, that special someone's gonna expect something fun and romantic for the two of you to do, so without further ado, we bring you the cheap—er, frugal—date ideas that will still guarantee a memorable day of hearts.

Furniture shop

If you caught your S.O. staring up at the sight of furniture and Tom running through IKEA in "500 Days of Summer," take him/her over to the local IKEA—or furniture store and just have some fun. Try out the mattresses, see which sink would look good in your hypothetical future fun garden bathroom, and just ignore the people giving you weird looks from one of your fine kitchens. It's a great way to bring out your creative sides and plan for the possible future where you'll have to get rid of some of the hideous choices in decor. Just don't try making out on the fake bedrooms.

Dine-in

Your wife your dream guy/girl. Priceless. The restaurant bill: Several thousand pesos and a possible heart attack when your credit card bill arrives. And don't forget the parking. It's nearly impossible on Valentine's Day. While nobody's going to be impressed by your mayabang hand gestures as you order a two-piece chicken and soda meal, a classy dinner need not come from a restaurant whose name you can't pronounce either. Take a few minutes to look up a recipe online and pass by the grocery for some ingredients and a couple of can-

LOVE/B2

Super LifeStyle

Living la vida solo

Here are seven reasons why I'm single and loving it

1. Mood scale: Constantly content

2. Mind game-free zone

4. Mo' money, no problem

5. No green-eyed monsters

6. Baggage allowance: 0

7. Lovin' thyself (not that way)

Where to Stop Where to Go

A weekly directory of the country's best establishments

The height of romance at Oakwood Premier Ortigas

City Garden Hotel: Love and luck in the air





WATERFRONT MANAGEMENT TEAM COMPLETES AHLA CERTIFICATION PROGRAM

Tanglad in grilled burger



Avail of A.Venue Hotel Suites' My Lucky Valentine month-long promo



Microtel

Boracay Mandarin's February lovescapade

It's time to I-hop

In the mood for romance at Quantum Hotels and Resorts' Makati properties

Fall in love at the New Marriott Hotel Manila



Luxurious Valentine's escape at Shangri-La's Boracay Resort and Spa

Chinese New Year, Valentine's Day at Astoria Plaza



How to reward your single self on Valentine's Day

By Bianca Consunji

"People don't realize this, but loneliness is underrated." —Tom Hansen, "500 Days of Summer"

VALENTINE'S DAY IS OVERRATED AS A holiday. Heck, it's not even a real holiday [illegible]

[illegible]



EMPIRE macaroons filled with Lindt chocolate—great for all-girl parties

[illegible]

Bacon dreams

[illegible]



BACON-STUDDED truffles

Conversation hearts

Remember conversation hearts? They're the little pieces of heart-shaped candy that have cutesy sayings such as "I love you" written on them. [illegible]



SASSY Valentine cookies

What's his name again?

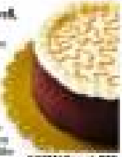
[illegible]



AMNESIA chocolate cake

Better than-well, you know

[illegible]



Let them eat cake

[illegible]



24/7 SUPER RADAR

Red-letter day

[illegible]

2bU LifeStyle



"Always make time for your relationship. A simple '**I love you**' out of the blue will always make his day." –Carla Bagalaqui, 22-years-old

"**Loving isn't stagnant**. Put those young significant other [illegible] and [illegible] in the relationship progresses." –Lori Lake Palo-[illegible], 24-years-old

Love 101

Young couples share their biggest lesson in love and relationships

Compiled by Nena Capili

WE HAVE A HOST OF ADVICE AND COMMON sayings when helping each other in matters of the heart. Yes, there's still the good ol' "If you love him, set him free," yada yada, but now there's also "If you like it then you should've put a ring on it," as madame Beyonce sang and shook it.

A host of different "influences," from Lady Gaga, to Glee, and Justin Bieber to Twilight, are changing the way we young people view love and relationships. But what do we have to say for ourselves?

Here are our biggest lessons in love:



"You need **complete trust** above all and total commitment to each other." –Filippo Tomaselli, 24 years old, General Manager of [illegible]

"Make sure you both have the ability to **laugh and enjoy life together**." –[illegible], 23, fashion designer and model



"What helped Jen and me is the fact that we both hate drama. Conflicts and trials do come, of course, but **instead of arguing over it, we confide in each other and communicate**. We are both patient and understanding enough to accept each other's flaws and mistakes. We learned to give and take, and have now been together for [illegible] years." –[illegible], 20 years old, University of Asia and the Pacific student

LOVE G2

Valentine gifts with a twist

Spell out love in meat, cheese, and vegetables, cupcake bouquets and tipsy heart cocktail jelly shooters

By Irama Agaling

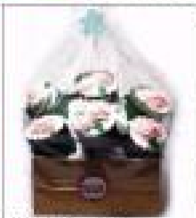


I Heart Pizza by Abbondanza Pizzeria Ristorante

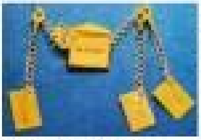


Tipsy Heart Cocktail Jelly Shooters by Jellogs

iPod Shuffle mp3 player by Apple



Valentine Cupcake Bouquet by Better Sweet Spot



Envelope Locket Necklace with Love Letters by Bijoux de Lux

The ultimate *flower guide* for hopeless romantics

By Angelo V. Ignacio

Don't know what to do or say this Valentine's Day? Let flowers do the talking

Baby's breath

Calla lilies

Carnations

Daisies

Orchids

Chrysanthemums

Tulips

Love 101











A new Star is born

With the Samsung Star TV (S5233T), you can now watch all the TV shows you want on your mobile phone wherever you are for free





A most amazing thing has happened to a full touchscreen phone that will surely bring a smile to every TV show fan out there.

Shows you love to watch on free TV channels can now be seen through the mobile screen of the new Samsung Star TV or S5233T, the newest addition to the Star series, Samsung's popular and most sought-after touch phone in the world.

The new Samsung Star TV is the first touchscreen mobile phone from Samsung that features a built-in analog TV receiver which lets a user watch free TV shows.

The Samsung Star TV also lets the user record the show he or she is watching or grab a snapshot of the show. The recorded show or the snapshot can be directly uploaded to social networking sites such as Facebook or Friendster for instant and easy sharing to friends. Isn't that amazing?

Imagine having both a touchscreen phone and a TV in one device, an exciting feature that can really revolutionize the mobile phone. The Samsung Star TV is one multifunction device that provides the user with entertainment that's literally on-the-go. Talk of establishing a new lifestyle trend with your mobile phone.

You will always have the time to watch your favorite TV show whether you're on the bus, the MRT, or in coffeeshops. No more hurrying back home come six o clock to catch your favorite teleNovels as you will always be updated with the events of the drama.

The Samsung Star TV features a 240 x 400 pixels so you can be sure that the images you see on TV are crisp, just make sure to put the device in an area with strong free TV signal.

The Samsung Star TV is a quadband phone that features a 3.0" FullTouchels LCD screen. It also features a 3 megapixel autofocus camera with 2x zoom that can also record videos.

As a total mobile entertainment device, the Samsung StarTV features Internet capabilities so the user can enjoy web surfing via the WAP browser. It has a Gmail client to take you directly to your Gmail account. It also has Google Search, RSS Reader and video messaging.

With a very compact and lean design, the Samsung StarTV also features Bluetooth and a USB port.

So what are you waiting for? Grab the latest Samsung Star TV and take your entertainment with you everywhere.

SRP is P10,500





FEATURES:

1. ANALOG TV
2. Full Touch Screen
3. 3 Megapixels Camera
4. Communities / Smart Unlock Application





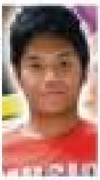


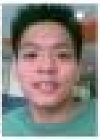
How guys show their V-Day love

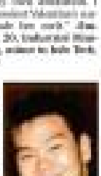
Composing a song? Buying a ring? Surprising her at school? Boys can be that ardent

IT'S THE TIME WHEN BOYS MAGICALLY turn into Prince Charming, sweeping us off our feet. Tough guys suddenly become extra sweet or extra cheesy—at least for a day. We asked these guys how they show their love on Valentine's Day.









Super LifeStyle



Goodbye, Conan—for now

In my head, Conan had reached the status of lanky red-haired god. Jay Leno? To me, he was just an old guy with the chin

1000

Big Love Happens

AS THE SEASON OF LOVE NEARS, GRAND SURPRISES ARE A BIG DEAL. LOVING GESTURES ARE IN ABUNDANCE. LAZY ROMANTIC SMILES LINGER LONGER. EVERYONE IS ON LOVE MODE STARTING TODAY.

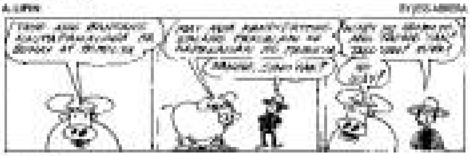



at SM CITY NORTH EDSA
IT'S ALL ABOUT LOVE. IT'S ALL ABOUT MAKING YOUR FAMILY AND YOUR LOVER'S HEART FLUTTER.
THIS WEEKEND, PASSIONS AND LOVE IGNITE IN ONE PLACE.
SM CITY NORTH EDSA,
YOUR BEST ROMANTIC GETAWAY.
SM city north edsa

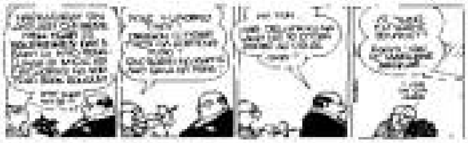
GARFIELD — By Jim Davis



A. LIPIN



PUGAD BABOY



DICK TRACY



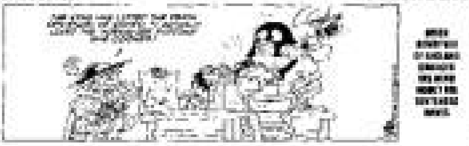
LOVEBIRDS — By Elizabeth Chionglo



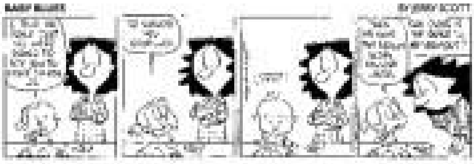
JAMES BOND



DIVINE COMEDY



BABY BLUES — By Jerry Scott



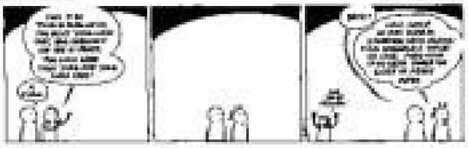
TULDOK



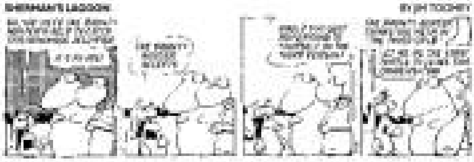
BEN — By Daniel Shelton



KIKO MACHINE



SHERMAN'S LAGOON — By Jim Toomey



HOROSCOPE

CONCEPTIS SU DOKU

Conceptis Sudoku

HOW TO PLAY SU DOKU

		8	4	2	3	6		
				6				
7								1
	8			4			2	
2			1		9			3
	1			5			4	
4								7
				1				
		3	9	7	2	5		

Difficulty Level ★★★★

CROSSWORD PUZZLE

SATURDAY Special

SNEAK PREVIEWS

Riveting starrers reaffirm Gibson, De Niro's enduring screen appeal

By Rito P. Asilo



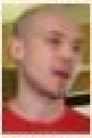
DE NIRO.

Road trip

Feel-good moments

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Joel Trinidad topbills one-man comedy show



TRINIDAD. Three dozen-page monologue.

Challenge

Big, bright finish for Disney's latest trailblazer

By Nestor U. Torre

Conclusion

Focus



"THE PRINCESS AND THE FROG." Thematically daring and briskly diverting.

Treasures of the heart and spirit

LOTUS POND

R. Valencia and S. Bismark

Blessing

Encore! stages showcase for young talents

MONTAGE

'Groomer Has It'

Movies on TV

'Martir sa Golgota' auditions





Shonen Knife

Pure romance

'The Amazing Race'

'The Good Wife'

'The Wolfman'

Sun Cell Mover Card (Japan)



'There's a Rhino in My House'

Zingo Pic Talk service

John Mayer

'The Element of Freedom'

Gino Padilla covers OPM hits in comeback album

By Remy Umerez



PADILLA. Concert leads to latest recording.

Big break

Riveting starrers . . .

From page 8

Last screen outing

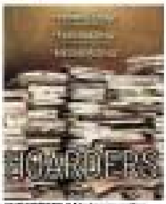


Joel Trinidad topbills one-man comedy show

From page 8

Special occasion

When compulsion breaks a family apart



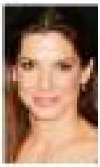
"HOARDERS." No happy ending.

Mixed feelings

From worst to best—and back again

Challenging roles

Online poll





BULLOCK and Clooney have tasted the bitter dregs of failure in "All About Steve" and "Batman and Robin," respectively.

Memorable romances pass the test of time



GRANT AND KERR.

Incarnation

Singing styles



"A STAR IS BORN." Three versions.

IN THIS ISSUE
■ Big, bright finish for Disney's latest trailblazer /J2

SATURDAY Special

NOW SHOWING

Julia Roberts leads stellar cast in frothy homage to love, romance



ROBERTS. Flaunting dimple



LAUTNER AND SWIFT.

[illegible]



KUTCHER AND ALBA:

Julia Roberts leads stellar cast in frothy homage

Secret paramour

Outtakes

SATURDAY Special

Time to say goodbye



THE APO. Unmatched penchant for using their songs and spirit to comment on contemporary issues.

By Nestor U. Torre

FANS OF THE APO HIKING Society were recently shocked by the popular singing group's announcement that it will disband by the middle of the year. Its 40-year career has produced so many great songs and vibrant musical memories that fans can't be blamed for wanting the music to go on—and on.

Dynamic presence

Well, hello, Nora



AUNOR. Ending her years-long hiatus with a comeback concert

Screen Actors Guild pays tribute to ensemble performances

By Nestor U. Torre

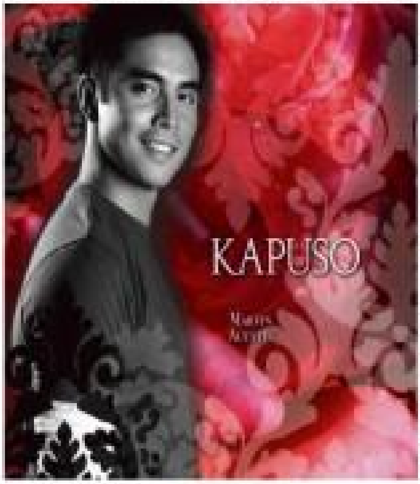
MOST ACTING AWARDS CELEBRATE outstanding individual performances in the lead and supporting categories. Instructively, however, one of the top honors in the US Screen Actors Guild awards expressly cites ensemble performances. As enlightened viewers, we can learn a lot about excellence in acting by focusing on this truly special citation.

Late last month, the SAG awards for 2009 cited the collective performances in some outstanding movies, including "Inglourious Basterds" and "Nine." The unique award, which was won by the stellar cast of "Basterds," was prized even by notoriously egoistic actors, because it underscored the fact that, in movies with large casts, the thespic challenge doesn't rest on one or two stars' shoulders, but is shared by the rest of the "company."

This is important and should be underscored, because it goes against the myth of "stellar supremacy." Especially in the complicated medium of film—where scores and even hundreds of artists and craftsmen work together on one production—it is really a fallacy to say that a movie is "by" a controlling film artist, or benefits from the box-office clout of just one superstar.



"INGLORIOUS BASTERDS." The thespic challenge is shared by the whole company.



Monolithic view

Yes, we do have "starrer" productions, but they're more the exception than the rule. So, we should get away from the monolithic view of film and recognize the fact that movie production generally benefits from the inputs of many people, actors included.

In addition, ensemble movies depend a lot on the variety of characters that their actors create. Compared to films that focus only on a pair of protagonists, ensemble stories are more realistic and "democratic" because they explore, not small and circumscribed situations and conflicts, but societal syndromes.

Advantage

The advantage of this is ensemble movies' ability to tackle broader and deeper issues that impinge on more viewers' concerns and experiences. It's more difficult to tackle a syndrome like a school or neighborhood, so it's much more rewarding than just telling the usual love story.

Screen romances are valuable and valid, but syndrome movies are "love" stories in their own right—except that the love being testified by the actors involved in the production is their love for life itself.

Of course, actors want to play major roles that dominate a production from start to finish and give them enough elbow room to show just how supremely talented and charismatic they are. But, there are actors out there who similarly value, for vastly different reasons, the working together and feeling for that ensemble productions uniquely provide.

A unique ....

From page K4

"They're full-time working professionals who spend their weeknights and weekends to sing in a choir. They come straight from work, ready to sing. They're awesome!"

The Hamon Men's Chorus members are Erwin Andaya, Myron Aurora, Alex Bao, Aris Cardano, Gilo Francisco, Pauline Fulgencio, Dennis Justini, Emmanuel Miranda, Dino Padalino, Jei Romano, Dan Sagalbasiro, Jason Yoo and Mike Zuñiga.

In the case of Lea, we've had the pleasure of watching her blossom—from child singer to polished entertainer. She and the Chorus will perform popular love songs, standards, and traditional serenades in the concert directed by Benny Da. ... The show begins at 7:30 p.m. at the Garden Pavilion of the Celebrity Center International, 5930 Franklin ave. in Hollywood (www.musicmenco.com for details).

What brings out the animal in Del Toro?

"The Wolfman" role brings out the fabulous beast in Benicio del Toro. In a recent press con, a female reporter asked the star of the remake of the classic 1941 horror film, "The Wolf Man": "What brings out the animal in you?"

"Food," quipped the actor, who is shy, ill at ease, and given to pauses at interviews. Sometimes, he resorts to humor to break the awkwardness of being grilled.

"Any particular food?" pressed the writer.

Fast food

"Hamburger, pizza, quesadilla." So, there you have it, ladies: feed Benicio fast food—and he becomes an animal.

If plans push through, Benicio, one of the (today's Three, actors), goes from being "The Wolfman" to one of... "The Three Stooges." Yes, the man who played Che Guevara may get to play Moe. Sean Penn, who dropped out as Larry, is back in the project again. "That project is still there," Benicio clarified. "If the ideal cast that the Farrelly Brothers (who will direct) want comes to life, I'll do it. But, there are no dates yet. Originally, they want Jim Carrey, Sean Penn and myself."

However, Bob Farrelly was recently quoted as saying that Jim is "the least natural fit of the three." The comedian is out of place? It makes us wonder: Are the Farrelly Brothers doing "The Three Angry Stooges"?

Aside from all that hair, what do Del Toro and the Wolfman have in common? Benicio replied: "They both die in the end."

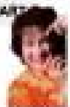
E-mail: ruenqanes_2009@yahoo.com



MEDICAL couple releases "Doc sa Call" on dzRH

Living healthier and longer

DR. WILLIE ONG'S LATEST BOOK, "HOW to Live Longer," is now available at all National Bookstore outlets. The noted cardiologist says that, for people to live healthier and longer, they should give up smoking and take medicines for diabetes and high blood pressure.



STREET SMART

Mandy Navasero

Lose weight, eat vegetables, fish and fruits, take aspirin and vitamins, live a less risky lifestyle, keep cholesterol levels low, think positive, get married or have a lifetime partner, exercise, find a good doctor, avoid alcohol, get vaccinated, pray and relax.

More tips: Eating six small meals a day prevents overeating. Drinking 10 glasses of water daily prevents kidney stones and infections, migraine and constipation. It also lessens wrinkles.

Resting is the best way to boost your energy. When you get tired, rest for 15 minutes to replenish your strength. At night, it's best to get eight hours of sleep. If you can't sleep, the next best thing is to lie down and think happy thoughts.

Habits

Exercise by swimming, brisk walking, dancing or doing taebo. Climb one or two flights of stairs. Avoid unhealthy habits and behavior. You are what you eat. So, be a veggie and fruit lover, because they are the healthiest foods—they're full of antioxidants that delay aging.

Laugh for at least 15 minutes daily. Laughter produces endorphins that boost the immune system. Be enthusiastic about your work. Choose a job you love. Share your blessings. Giving back is a different "high."

Willie and his wife, Liza, are graduates of De La Salle College of Medicine. Tune in to "Doc on Call," the medical couple's radio program on dzRH every Saturday from 5 to 5:30 p.m.

* * *

Embark on an exciting adventure by joining the Mandy Navasero Banaue Photo Safari on Feb. 26–Mar. 1, Mar. 19–22, April 1–5, April 23–26, and the Coron Photo Safari on May 15–18. E-mail mandynavasero@yahoo.com, or call 886-1757.

Hollywood stars vie for London theater awards

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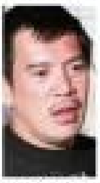
Achievements

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LAW AND WEISZ. Cited for their performances in "Hamlet" and "A Streetcar Named Desire," respectively.

Misfortunes in 'Lola' touch viewers' hearts



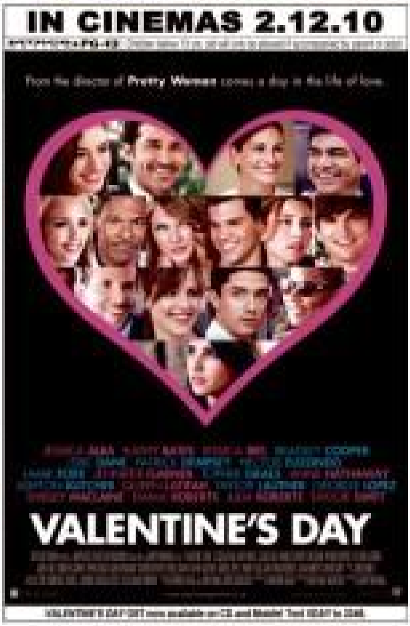
MENDOZA. Always [illegible]

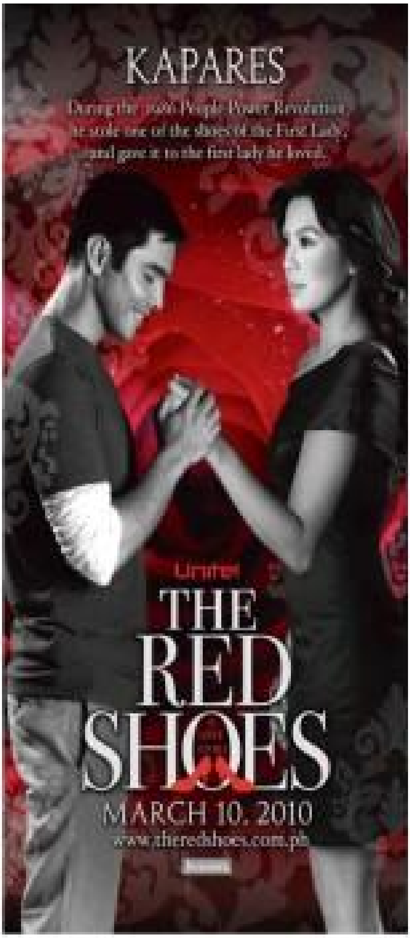
[illegible]

Situation

[illegible]








DEL TORO. [illegible] "The Three Stooges," with Sean Penn and Jim Carrey.

A unique Valentine concert in LA

LOS ANGELES—JUST LIKE back home, the Filipino-American community in LA has a variety of entertainment choices on Valentine's Day. Among the shows happening on Sunday, Feb. 14, "Songs from the Heart," which takes place in Hollywood, is the unique one. The Harana Men's Chorus and pop singer, Lani Arreguin, will sing to—and surprise—patrons and their beloved ones.

Soprano and vocal arranger par excellence, Annie Nepomuceno, who heads the show, explained the concept to us: "The most unique thing about this concert is that people are 'sponsoring' songs as Valentine gifts to their loved ones, and most of the folks who will be serenaded are going to be surprised. It was interesting and heartwarming to hear the love stories of the sponsors incorporated into the script, but related anonymously at first. Then, I guess someone is going to think, 'hey, that love story sounds familiar!' I know I would melt if I had a song especially dedicated to me." (Did you read that, Ed Nepomuceno? [Ed, who conducts the Harana Men's Chorus, is the better half of Annie.])


Only IN Hollywood
Ruben V. Nepales

Perception

Annie added, "Valentine's Day is the perfect time for harana (serenade), so we decided to harness the talents of Harana Men's Chorus, complemented by a female pop singer, Lani. The juxtaposition is intentional to offset the public's perception that 'harana' and 'chorus' mean boring, old-style boring music, which, of course, is far from the truth.

"Although Harana upholds the distinctive romantic tradition, it's composed of versatile young singers. They can put together a varied and entertaining repertoire, much to the surprise of 'newbies.' I'm proud of Lani's musicianship, because she is quick to learn and can hold her own vocally, and she does so amidst the Chorus' famed masculine tones."

"Songs from the Heart" also differs from other Valentine's Day fare, because it is for the benefit of the Immaculate Heart of Mary Church on Santa Monica ave. in LA. Its structures need to be restored, Annie explained. "Our goal is not only to raise funds for a cause, but to emphasize the 'bayanihan' spirit. In these challenging times, we'd like the audience to feel a connection to the event, as well as enjoy a show for a reasonable price."

Pinoy dela Cruz, a Fil-Am community leader, cited the Harana Men's Chorus

UNIQUE E3


ARREGUIN. From child singer to polished entertainer.